

RECIPE OR NOT?



Do you need a recipe to cook?

Anything?

Everything?

Nice food only?

Or, do you cook 'By Ear' and make it up as you go along?

Do you measure the ingredients

Throw in a 'Bit of this and that' and hope for the best?

Know exactly what you're doing and just carry on?

Do you 'gather' your ingredients together before you start?

Get the ingredients as you go along?

What is the purpose of recipes?

A recipe is a set of instruction used for preparing and producing a certain food, dish, or drink. The purpose of a recipe is **to have a precise record of the ingredients used, the amounts needed, and the way they are combined.** (1) The Recipe Name tells you what you will be making.

What are the benefits of using standardized recipes?

Product quality - Provide consistent high-quality food items that have been thoroughly tested and evaluated. Projected portions and yield - Accurately predict the number of portions from each recipe and clearly define serving size or scoop.

Do you get the same dish if:

10 people use the same ingredients?

Follow the same 'Method' of cooking?

What do YOU think?